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Contra Costa County  
HELP ME GROW PARENTING GUIDE



**C.O.P.E. Family Support Center** ..925-689-5811  
**Crockett Counseling Center** ..... ..925-370

**Health Care for the Homeless Mobile Van**

(CCHS) Call for locations/hours -608-5300  
**La Clínica Monument** .....925-363-2005  
**La Clínica Oakley**.....925-776-8240  
**La Clínica Pittsburg**.....925-431-1251  
**Lifelong Medical Care - Brookside**  
Richmond .....510-215-5001  
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